

# NEWS RELEASE

## State Senator Jane Clare Orie

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### **Senator Orie Marks February as Women’s Heart Awareness Month at Go Red For Women Rally**

Today, Senator Jane C. Orie (R-40) participated in a Go Red For Women Rally at the state capitol to raise awareness about the threat of heart disease for women. Last week Senator Orie offered a resolution on the Senate floor recognizing February 2007 as Women’s Heart Awareness Month.

Each year the American Heart Association designates a day in February urging everyone to wear red to honor the number of women who succumb to cardiovascular related diseases. Statistics show that heart disease and stroke are the number one and number three killers of women.

Senator Orie’s mother was a victim of heart disease resulting in the Senator becoming an advocate to raise women’s awareness of the life threatening condition. “Through public awareness and educational efforts such as “Go Red for Women,” we can help more women take steps to improve their heart health” Orie said.

More than 480,000 women, about one per minute, die of a heart related illness. One in three adult females and males in the United States suffers from a form of cardiovascular disease. Coronary heart disease is the number 1 single killer of women over age 25.

Senator Orie said, “We are fighting each day to prevent death and disability by educating women and their families about how to recognize the signs and reduce the risks of coronary disease.”

Senator Orie whose brother is a pediatric cardiologist and whose sister is a nuclear cardiologist stressed the importance for women to exercise, control high blood pressure, reduce cholesterol and quit smoking. Senator Orie said, “By working together we can help women live a longer, healthier life.”

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