

As we approach my 7th Annual Reach Out and Touch a Hero Press Conference I call upon you to Support Our Troops. With the down turn in our Federal, State and local economies, the supplies needed by our deployed troops has increased. Additionally, with more troops being shifted and stationed in Afghanistan, the need for supplies and home town support is larger than ever.

Please join me in collecting the basic supplies and most sought after comfort items for these brave men and women.

Snack/Meal Items:

*Beef jerky, beef stick, candy, cereal bars, cookies, crackers, granola bars, gum, peanuts, protein bars, trail mix

Breakfast Items:

*Cocoa mix, coffee packets, hot cereal, sugar packets, tea bags, etc.

Microwavable Foods:

*Mac n' Cheese, popcorn, noodles, meals, etc.

Miscellaneous Items

* Batteries (all sizes), envelopes, paper, pencils, white socks, books, dvd's, cards, hygiene items, board games

With much assistance the Yellow Ribbon Girls and the ever faithful helpers have created and shipped over 16,000 care packages to service men and women from all branches of the United States Military stationed in countries around the world.

The Yellow Ribbon Girls are always looking for groups, classrooms, clubs, and families to write letters, cards or create craft projects to include in the care packages.

If you are interested in donating items please bring them to the Reach Out and Touch a Hero Press Conference on **Friday, December 3, 2010 at 9:00am**
At the Ross Park Mall Nordstrom court

